# 2020 Winter Research Program

| | |
|---|---|
| **Project title:** | **Examining father involvement in children's sleep-related activities** |
| **Project duration:** | 3-4 weeks |
| **Description:** | Father involvement in traditional female-dominated activities, such as caregiving, is important for child outcomes, parental outcomes, and gender equity more broadly. Although women typically provide the bulk of childcare-related care activities, some studies suggest fathers are becoming more involved, including becoming more involved in the overnight care of children and in children's sleep-related care. However, researchers currently know very little, about fathers' involvement in sleep-related activities with young children, nor the impacts of this engagement on fathers' and mothers' overall health and well-being. Examining more about this is thus a key focus of this research project. |
| **Expected outcomes and deliverables:** | By examining fathers and their involvement in sleep-related activities, scholars will:<br>• gain skills in quantitative data analysis,<br>• gain experience writing research proposals,<br>• assist with drafting research publications,<br>• work closely with researchers on research projects, and gain experience in project management and data collection<br>• be included as co-author on publications, as appropriate for their role. |
| **Suitable for:** | A sociology, psychology, or social science student (or student in another related field). |
| **Primary Supervisor:** | Laetitia Coles |
| **Further info:** | For further information, please email l.coles@uq.edu.au |